

Team	Head Coach	Assistant Coach	Practice Times
18 Black	Dustin Moore	Deb Robertson	T/TH 7:30-9:30
18 Area/White	Winston Kwong	Noelle Peterson	M/W 6:00-8:00
17 Black	Jacky Yao	Lauren Bajtos	T/TH 7:30-9:30
17 Green	Dylan Hamilton	AJ Miller	T/TH 7:30-9:30
16 Black	Jess Torres	Mike Pitts	T/TH 7:30-9:30
16 Green	Nikki Rodamer	Pat Garrett	T/TH 7:30-9:30
16 White	Jenn Covey	David Stein	M/W 7:30-9:30
15 Black	Annie Feller	Tyanna Roy	M/W 5:30-7:30
15 Green	Sarah Esquivel	Catherine Furtado	T/TH 5:30-7:30
14 Black	Will Lo	Corrinne Khuen	T/TH 5:30-7:30
14 Green	Jesse Sultzer	Shayna Crawford	T/TH 5:30-7:30
14 White	Tori Arlid	Brandon Tiongson	T/TH 5:30-7:30
13 Black	Jenn Covey	Aime Hernandez	M/W 5:30-7:30
13 Green	Lauren Ding	Lanea Brown	M/W 5:30-7:30
12 Black	Stephanie Angel	Cary Mastasugu	T/TH 5:30-7:30
12 Green	Melisa Randall	Josh Busby	M/W 4:00-6:00
16 Area	Nicole Brown	Merhan Karimi	M/W 7:30-9:00
16 Area 2	Julie Cromuex		M/W 7:30-9:00
15 Area	Becky Miller	Nic Rao	T/TH 7:30-9:00
15 Area 2			M/W 7:30-9:00
14 Area	Colleen Burke	Merhan Karimi	M/W 6:00-7:30
14 Area 2	Syd LaFollette	Nic Rao	M/W 6:00-7:30
13 Area	Winston Kwong	Josh Busby	M/W 4:30-6:00
13 Area 2	Shayna Crawford	Miko Baker	M/W 4:30-6:00
12 Area	Tori Arlid	Maddison O'Carroll	T/TH 4:00- 5:30
11 Area	Amber Biddle	Miko Baker	T/TH 4:00- 5:30
Rec Director	Joe Fuston		T or TH 4-5:30 + F 5-7